**THE TARGET APPROACH MODEL (68 minute audio-visual)**

Please return this form to [advancedcoachingskills@icf-nj.org](mailto:advancedcoachingskills@icf-nj.org)

**In order to receive 1.5 hours of Core Competency CCEs, please return this form by July 3, 2019.**

**Please fill in this form once you have watched the 68-minute audio-visual, “The Target Approach Model” of the ICF Core Competencies, by Carly Anderson, MCC.**

Your full name:

Your email address:

Date of completing this form:

**To assess the depth of your learning, you are required to write a minimum of 3 sentences or more per question.** The fourth question is optional.

**Question 1. What insights did you personally gain from watching and listening to the session? (required response).**

**Question2. Which are the top 3 ICF core competency(s) that you learned about and what was your learning? (required response).**

**Question 3. How can you apply your insights or learning to your development as a coach? (required response).**

**Question 4. What else would you like to add, if anything? (optional response).**