

Core Competency & Coaching Model Representation

Current Situation / Perceptions

Future Desire / Change

#5. Maintains Presence

#1. Ethical Practice #2. Embodies a Coaching Mindset

Clarify Focus & Outcome/s

Discovery, Perspective Shifts & Possibilities

Subtract Barriers & Interference

Check Progress using Session Agreement

Confirm Awareness / Learning & Action

#3. Coaching Session Agreement

#6. Listens Actively
#7. Evokes Awareness

#7. Evokes Awareness

#8. Facilitates Client Growth

(What, How,) #8. Facilitates Client Growth

What, Measure, Why / Importance

via Questions and Observations
Who, What, How

Who, What, How

#4. Cultivates Trust and Safety