

# The Coaching Conversation<sup>®</sup> Workshop

## Coaching Skills for Leaders and Managers

### What is it?

The Coaching Conversation<sup>®</sup> Workshop is a half-day program built around one of the core concepts from The Coaching Clinic<sup>®</sup>: the Coaching Conversation communication model. This five-step model helps structure coaching and performance-related conversations for more effective communication leading to better outcomes.

### What it does

The Coaching Conversation workshop provides an introduction to the principles of coaching and the use of a communication model that helps take the guesswork out of coaching conversations by providing structure and building in accountability.

### Who is it for?

The Coaching Conversation serves as an introduction to corporate coaching and the construct necessary for consistent results. As such, this workshop is intended for managers, supervisors, mentors, leaders and consultants without prior formal coach training. No previous coaching experience is required.

### What to expect

During the workshop, participants will:

- Discover some of the core principles of successful coaching
- Learn the five-step Coaching Conversation Model
- Understand the theoretical basis for each step, and its importance
- Review real business case studies
- Practice using the Model in simulated coaching conversations

Through using the Model, participants will build confidence in using coaching as a problem solving and developmental tool.

Coaching Conversation Participants also receive:

- Participant Guide
- Coaching Conversation Model reference card

### About CCU

Founded in 1997, Corporate Coach U (CCU) is a leading global provider of coach training, leadership development and coaching services in a corporate context. We equip leaders and managers with coaching skills and tools to use in helping people develop their full potential. Our programs suit organizations of all sizes. For further information about The Coaching Conversation, please visit our web site or call one of our phone numbers to speak to a CCU facilitator.

